

2011 FALLSFEST HIGHLANDER

(North American Highlander Association, Inc. Membership Required of all Competitors)
(Membership Cards may be purchased at contest)

PROMOTER: GANT GRIMES
DATE: OCTOBER 1
TIME: OCT. 1 LW & MASTERS 9AM, WOMEN 11AM, MW 1PM, HW 3PM
LOCATION: LUCY PARK
SEYMOUR HWY.
WICHITA FALLS, TX 76301
(PARK ENTRANCE IS AT US 277 BUSINESS & SUNSET)
WEIGH-INS: OPEN MEN 8:30AM – 10:30AM AT CONTEST SITE
RULES: 15 MINUTES BEFORE EACH DIVISION
DIVISIONS: LW(200 AND BELOW), MW(201LB.-250LB.), HW(251LB. AND ABOVE), MASTER, WOMEN

EVENTS:

1. AXLE PRESS FOR REPS – WOMEN 65#, LW 165#, MASTER 175#, MW 200#, HW 220#
2. BRAEMAR STONE – LW, MW, HW, MASTER 22#, WOMEN 16#
3. MAX DEADLIFT- 3 ATTEMPTS
4. WEIGHT FOR DISTANCE – LW, MW, HW, MASTER 28#, WOMEN 16#
5. FARMERS WALK - WOMEN 85#, LW 165#, MASTER 175#, MW 200#, HW 220#
6. WEIGHT FOR HEIGHT – LW & MASTER 42#, MW & HW 56#, WOMEN 28#

EVENTS SUBJECT TO CHANGE WITHOUT NOTICE - (EVENT DETAILS BELOW)

AWARDS: MEDALS FOR 1ST- 3RD IN EACH DIVISION
ENTRY FEES: \$20 IF YOU ALREADY HAVE A NAHA CARD OR \$45(WHICH INCLUDES NAHA MEMBERSHIP) Includes admission to Falls Fest and evening concerts(Josh Abbott Band and KC and the Sunshine Band)

ENTRY DEADLINE: MUST BE POSTMARKED BY SEPTEMBER 23, 2011

MAKE ALL CHECKS PAYABLE TO: GANT GRIMES
807 8TH ST., 8TH FLOOR
WICHITA FALLS, TX 76301
EMAIL/PHONE NUMBER:
GANTGRIMES@GMAIL.COM
940-235-9411

ENTRY FORM

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the Falls Fest Highlander, D.J. Satterfield, Richard Vincent, North American Highlander Association, Inc., any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the Falls Fest Highlander and its related events, I hereby grant North American Highlander Association, Inc. and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate North American Highlander Association, Inc. and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that North American Highlander Association, Inc. and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to North American Highlander Association, Inc. and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

NAME: _____ **AGE:** _____
ADDRESS: _____ **CITY:** _____
STATE: _____ **ZIP:** _____ **PHONE:** _____ **DATE OF BIRTH:** _____
DIVISION: _____ **WEIGHT:** _____ **HT:** _____
SIGNATURE: _____
(PARENT OR GUARDIAN SIGNATURE REQUIRED IF CONTESTANT IS UNDER 18 YEARS OF AGE)

NORTH AMERICAN HIGHLANDER ASSOCIATION, INC.

WWW.NAHIGHLANDER.COM

EVENTS AND RULES:

AXLE PRESS FOR REPS

Axle will start from ground. Competitor will have 60 seconds to do as many reps as possible. Belt and chalk only.

LW	165#
MASTER	175#
MW	200#
HW	220#
WOMEN	65#

BRAEMAR STONE

Competitor will get three attempts to put the stone. The farthest put will be scored.

LW, MW, HW, MASTER	22#
WOMEN	16#

MAX. DEADLIFT

3 attempts. Standard bar and plates. If you miss, you cannot take a lighter attempt. Belt, chalk, straps, and hitching is permitted. No DL suits.

WEIGHT FOR DISTANCE

Competitor will get three attempts to throw the implement. The farthest throw will be scored.

LW, MW, HW, MASTER	28#
WOMEN	16#

FARMERS CARRY 120' w/ turn

Competitors will carry the farmers down 60' make the turn and 60' back. Total length of course will be 120'. Multiple drops allowed. Fastest time wins. If the course is not finished, a measurement will be taken for your score. Belt and chalk only allowed.

LW	165#
MASTER	175#
MW	200#
HW	220#
WOMEN	85#

WEIGHT FOR HEIGHT

Competitor will get three attempts at each height attempted to throw the implement over the bar. The highest throw over the bar will be scored.

LW & MASTER	42#
MW & HW	56#
WOMEN	28#