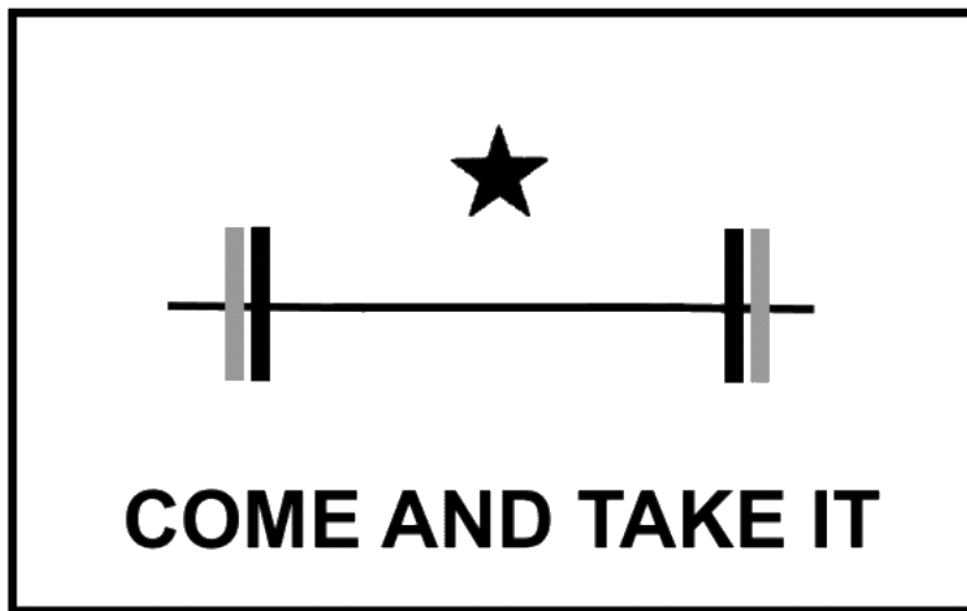


LIBERTY OPEN

Weightlifting Meet July 17, 2010



Date: July, 17, 2010

Sanction: USAW

Location: [WFAC](#)

3118 Buchanan St
Wichita Falls, TX 76308

Rules: USAW Weightlifting/IWF Rules.

Meet Director: Stef Bradford

Lifts: Snatch, Clean & Jerk

Sponsors: [Bone Unit](#) & [WFAC](#)

Eligibility: All athletes registered with USAW. YOU MUST HAVE A CURRENT USAW MEMBERSHIP CARD AT THE MEET IN ORDER TO WEIGH IN AND LIFT.

Weight Classes: men's 56, 62, 77, 85, 94, 105, 105+
women's 48, 53, 58, 63, 69, 75, 75+

Weigh In/Lifting: 2PM, lifting 4PM

***an extra session will be added if needed, final schedule will be emailed the week of the meet

Entry Fee: \$20

Entry Deadline: July 3, 2010

Awards: Award for 1st in each weight class, t-shirts for all competitors, meet announcer, judges and loaders.

Liberty Open 2010 Entry Form

Name: _____ Male/Female Weight Class: _____ Birthdate: _____
Address: _____ Telephone: _____
email: _____
Team: _____ Coach: _____ USAW#: _____

BRING YOUR USAW CARD TO WEIGH IN.

In consideration of your accepting this entry, I hereby for myself, executors, and administration waive and release any and all rights and claims I may have against patrons of this meet, USA Weightlifting, N Texas LWC, Wichita Falls Athletic Club, and the Bone Unit for any and all injuries that may be suffered by me in connection with my participation in this competition.

Signature: _____ Date: _____
(parent must sign if a minor)

Mail entries to: Stef Bradford
c/o Wichita Falls Athletic Club
3118 Buchanan St, Wichita Falls, TX 76308
Info: Stef Bradford at twitch47@yahoo.com or 940.696.0829