

The SNICKER DOODLE CONLEY Memorial **CrossFit Total** Meet



This is a fun meet to honor the passing of a fun little guy. Don't worry about training for it, just come by for a good time!

Date:	Saturday, February 28, 2009
Sanction:	CFTF - 09 - 01
Location:	Wichita Falls Athletic Club / CrossFit Wichita Falls 3118 Buchanan Wichita Falls, Texas
Rules:	CFTF Rules Apply Contest lifts are the Squat, Press, and Deadlift
Meet Director:	Justin Lascek
Announcer:	Mark Rippetoe
Entry Fee:	Individual Entry - \$10 (checks payable to CrossFit Wichita Falls)
Entry Deadline:	All entries must be postmarked by Monday, February 23rd, 2009 No late entries accepted
Weight Classes:	Men: up to 52 kg, up to 56 kg, up to 60 kg, up to 67.5 kg, up to 75 kg, up to 82.5 kg, up to 90 kg, up to 100 kg, up to 110 kg, up to 125 kg, and over 125 kg Women: up to 44 kg, up to 48 kg, up to 52 kg, up to 56 kg, up to 60 kg, up to 67.5 kg, up to 75 kg, up to 82.5 kg, up to 90 kg, and over 90 kg
Awards:	A competition t-shirt is included with the price of entry Awards for First, Second, and Third
Weigh-in Time:	11:00 AM
Lifting Time:	1:00 PM (Times are subject to modification)